

"The secret of getting ahead
is getting started.
The secret of getting started
is breaking your complex overwhelming tasks
into small
manageable tasks,
and then starting on the first one."

-- Mark Twain



I read this and thought, "Duh!". But how many times do I, who already knows this principle, forget?

I've said many times, that the reason we don't do the things we know, is that we forget to remember them. Think about it.

Sometimes it just takes a few seconds to pause and remember the things you wanted to work on, in order to have that focus. I have a little reminder that pops up now and again on my phone. It says, "I begin each day with genuine cheerfulness". I'll admit that at first it was just silly. I was angry, I was lonely, I was in financial straits and I was anything but cheerful. Still, I left it there. I read it each morning, and dang it, if one morning I didn't wake up with a smile, see it pop up and think, "Wow, I really DO!"

There is power in remembering. Sometimes getting started can be no more than a sticky note on your mirror, a reminder in your calendar, a string on your finger, or whatever it takes to remember that you want to get somewhere else.

So... what small... repeat, SMALL, manageable part of your larger task will you remember today?

I will _____

